

DIABETES

Support Group

FREE

Scott Candler Library
1917 Candler Road
Decatur, Ga. 30032



6:00 p.m. to 7:30 p.m.

Monday, July 8: Diabetes and Workplace Wellness

Physical activity can lower your glucose level and reduce diabetes' complications. Learn how to embrace a healthy lifestyle, even in the workplace.

Monday, Aug. 5: Emotional Aspects of Diabetes

Having diabetes can have an emotional impact on you and your loved ones. Learn ways to cope with diabetes and practice mindfulness to overcome negative emotions.

Monday, Sept. 9: Ask a Pharmacist

Pharmacists are a key source of education, medication, monitoring and motivational support for people with diabetes. Join us for an in-depth discussion with a pharmacist.

To register, call (404) 508-7847 or email
DeKalb.OCDP@dph.ga.gov.

